

Please read right through this leaflet before you start using this medicine. This medicine is available without prescription, but you still need to use Hedex tablets carefully to get the best results from them.

- Keep this leaflet, you may need to read it again.
- If you have any questions, or if there is anything you do not understand, ask your pharmacist.

### In this leaflet:

1. What Hedex does
2. Check before you take Hedex
3. How to take Hedex
4. Possible side effects
5. How to store Hedex
6. Further information

## 1. What Hedex does

Hedex can provide effective relief of headache, including migraine and tension headaches, backache, rheumatic and muscle pain, toothache and period pain. It also relieves sore throat and the fever, aches and pains of colds and flu. The active ingredient is paracetamol which is a painkiller and also reduces your temperature when you have a fever.

## 2. Check before you take Hedex



### Do not take Hedex:

- if you have ever had an allergic reaction to paracetamol or to any of the other ingredients (listed in Section 6)
- if you are taking other medicines containing paracetamol.



### Ask your doctor before you take this medicine:

- if you have liver or kidney disease, including alcoholic liver disease.



### If you are taking other medicines

Talk to your doctor or pharmacist before taking these tablets if you are taking any prescribed medicines; particularly **metoclopramide** or **domperidone** (for **nausea** [feeling sick] or **vomiting** [being sick]) or **colestyramine** (to lower **blood cholesterol**). If you take **blood thinning drugs** (anticoagulants e.g. **warfarin**) and you need to take a pain reliever on a daily basis, **talk to your doctor** because of the risk of bleeding. But you can still take **occasional** doses of Hedex at the same time as anticoagulants.



### Pregnancy and breast feeding

Talk to your doctor before taking Hedex if you are **pregnant**. You can take this product whilst **breast feeding**.

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## 3. How to take Hedex



Adults and children aged 12 years and over:  
**Swallow 2 tablets every 4 hours as needed.**  
**Do not take more than 8 tablets in 24 hours.**

Children aged 6 to 12 years:  
**Give ½ to 1 tablet every 4 hours as needed.**  
**Do not give more than 4 tablets in 24 hours.**  
**Do not give for more than 3 days at a time unless your doctor tells you to.**



- Do not take more frequently than every 4 hours.
- Do not take more than the recommended dose.
- Do not give to children under 6 years.

### If you take too many tablets

**Immediate medical advice** should be sought in the event of an overdose, even if you feel well, because of the risk of delayed, serious liver damage.

If your symptoms continue or your headache becomes persistent, **see your doctor**.

## 4. Possible side effects

Like all medicines, Hedex can have side effects but not everybody gets them. A small number of people have had side effects.

**Stop taking** the medicine and **tell your doctor immediately** if you experience:

- **Allergic reactions** which may be severe such as skin rash and itching sometimes with swelling of the mouth or face or shortness of breath
- **Skin rash or peeling, or mouth ulcers**
- **Breathing problems.** These are more likely if you have experienced them before when taking other painkillers such as ibuprofen and aspirin
- Unexplained **bruising or bleeding**
- **Nausea, sudden weight loss, loss of appetite and yellowing of the eyes and skin.**

If you do get any side effects, even those not mentioned in this leaflet, tell your doctor or pharmacist.

## 5. How to store Hedex

**Keep out of the reach and sight of children.**

Do not use this medicine after the 'EXP' date shown on the pack.

## 6. Further information

**Active ingredient:** Each tablet contains Paracetamol 500 mg.

**Other ingredients:** Maize starch, potassium sorbate (E 202), purified talc, stearic acid, polyvidone, soluble starch, hydroxypropylmethylcellulose, triacetin, propylene glycol, shellac, brilliant blue FCF (E 133), sodium lactate and dimethylpolysiloxane (SILFAR SE 4).

Packs of Hedex contain 16 or 32 tablets.

The **marketing authorisation holder** is Omega Pharma Ltd., 32 Vauxhall Bridge Road, London, SW1V 2SA, United Kingdom and all enquiries should be sent to this address.

The **manufacturer** is GlaxoSmithKline Dungarvan Ltd., Co. Waterford, Ireland or GlaxoSmithKline GmbH & Co. KG, Benzstraße 25, 71083 Herrenberg, Germany.

This leaflet was last revised in August 2015.